

## SAFETY TAKES TIME – LESS THAN A MINUTE

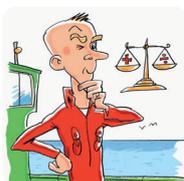
Do you find that the number of injuries to hands and fingers on board is unacceptably high in your company? SEAHEALTH's campaign "Safety takes time - less than a minute" focuses on precisely these injuries and so could be interesting for you.

Getting everybody on board involved in a learning process and building up shared knowledge can reduce the number of injuries to fingers and hands. The campaign focuses on the non-technical safety aspects of how accidents occur. The technical safety aspects on board must naturally be in order but the following five human safety aspects are just as important. They are at the centre of the campaign and the learning process:



### 1. Stop and think

Routines are good because they make it easier to carry out duties quickly and efficiently. But at the same time, they are also dangerous because people act out of habit before their heads have thought through the action. The campaign message here is that we need to stop and think.



### 2. Assess the job

Many people feel that if we always want to prevent accidents, in every situation, no work will ever get done. They also feel "It probably won't happen to me." The campaign message here is: We need to stop and assess the job and think what could possibly go wrong, and how wrong it could go.



### 3. Since last time

We do one of the many repeated routine jobs in exactly the same way every time. But perhaps aspects of the job have changed? The message here is: We need to stop and reassess the job since the last time we did it.



### 4. Other people's safety

We may unintentionally be the cause of a workmate getting injured. Or worse - we may have failed to make a colleague or superior aware of the dangers of their behaviour to themselves or others. Here the campaign message is: We need to stop and think about other's safety.



### 5. Don't be tempted

Safety measures such as legal requirements, policies, procedures, checklists, risk assessments, technical measures and personal protective equipment can be seen as taking up time. So it is tempting to drop them when we are busy. The message here is: Stop and do not be tempted to take shortcuts when it comes to safety because we are busy.

The five steps above have been developed by Bo Jacobsen, Senior Health and Safety Consultant at SEAHEALTH. They build on discussions and the experience of serving crew. SEAHEALTH's campaign offering for you is about - and focuses sharply on - these five aspects of risk.

But couldn't the company just send the five messages out to their ships asking the messages to be introduced and complied with? Yes, it is naturally possible. But experience has shown that understanding why changes are necessary - and the experience of being involved in the decision-making process - are both significant issues for participating in and accepting changes. And for accepting ownership of changes. So the campaign depends on everyone on board being involved.

#### **What effect can be expected?**

A lower number of injuries, and accordingly human and economic losses as well as lower labor productivity. And not least, a change in safety culture that prevents that damage occurs.

#### **What resources does it take from your company?**

- It requires that one person is the coordinator from start to finish of the campaign. The Coordinator must collect and disclose results from - and to - each ship.
- To set aside time so that all occupants can participate in the effort. How long the campaign is to run in the company and the individual ship, depends on your specific needs and desires.

#### **SEAHEALTHs offer consists of:**

- Help to get started.
- Written materials that we - in collaboration with the company - adjust the needs of your ships.
- Telephone or personal support during the process - from start to finish (If there is too much extensive support tasks, a price for additional assistance must be agreed upon).

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